

WEST ISLIP HIGH SCHOOL MENU

September 2009



Monday

Tuesday

Wednesday

Thursday

Friday

STUDENT LUNCH \$2.00

A LA CARTE MILK \$.50

ADULT LUNCH \$3.75 incl. tax

1

2

3

4

SUPERINTENDENT'S
CONFERENCE DAY

SUPERINTENDENT'S
CONFERENCE DAY

7

SCHOOL CLOSED

8

CHICKEN NUGGETS
W/ DIPPING SAUCE
WW BREAD SLICE
HOT CORN
FRESH FRUIT OR
CHILLED FRUIT

9

"BBQ RIBS"
ON A
ON A BUN
W/ BBQ SAUCE
OVEN BAKED
POTATO ROUNDS
FRESH FRUIT OR
CHILLED FRUIT

10

MEATBALL HERO
PARMESAN
TOSSED SALAD W/
DRESSING
FRESH FRUIT OR
CHILLED FRUIT

11

PIZZA
PLAIN OR PEPPERONI
CUCUMBERS
W/ DIP
FRESH FRUIT OR
CHILLED FRUIT

14

SPICY OR PLAIN
CHICKEN PATTY
DELUXE
TOSSED SALAD W/
DRESSING
FRESH FRUIT
OR CHILLED FRUIT

15

HAMBURGER OR
CHEESEBURGER
W/ ALL THE FIXINGS
OVEN BAKED
FRENCH FRIES
FRESH FRUIT OR
CHILLED FRUIT

16

TWIN TACOS
W/ SHREDDED LETTUCE,
CHEESE & DICED
TOMATOES
HOT CORN
FRESH FRUIT OR
CHILLED FRUIT

17

POPCORN CHICKEN
MASHED POTATOES
W/ GRAVY
CARROTS
FRESH FRUIT OR
CHILLED FRUIT

18

PERSONAL PIZZA
GREEN BEAN
SALAD
FRESH FRUIT OR
CHILLED FRUIT

21

MOZZARELLA PIZZA
DIPPERS
W/ MARINARA
DIPPING SAUCE
GARDEN SALAD
FRESH FRUIT OR
CHILLED FRUIT

22

"BRUNCH FOR LUNCH"
CINNAMON FRENCH
TOAST
EGG PATTY
HASH BROWN PATTY
FRESH FRUIT OR
CHILLED FRUIT

23

EGGPLANT PARMESAN
HERO OR
MEATBALL HERO
PARMESAN
TOSSED SALAD W/
DRESSING
FRESH OR CHILLED
FRUIT

24

CHICKEN FAJITAS W/
LETTUCE, SALSA &
SOUR CREAM
HOT CORN
FRESH FRUIT OR
CHILLED FRUIT

25

"NEW"
BIG DADDY PIZZA
BABY CARROTS
WITH DIP
FRESH FRUIT OR
CHILLED FRUIT

28

SCHOOL CLOSED

29

MOZZARELLA STICKS
W/ MARINARA DIPPING
SAUCE
TOSSED SALAD W/
DRESSING
FRESH FRUIT OR
CHILLED FRUIT

30

TWIN FRANKFURTERS
OR
BBQ RIBS
ON A BUN
W/ BBQ SAUCE
OVEN BAKED
POTATO ROUNDS
FRESH FRUIT OR
CHILLED FRUIT

Guess What?

PREPAID MEALS
ARE RECOMMENDED

20 MEAL PLAN
\$40.00



PaySchools
Online Payment Processing System

PLEASE VISIT
www.wi.k12.ny.us
to access
Pay Schools
OR

CHECKS SHOULD BE
MADE PAYABLE TO
WEST ISLIP UFSD
CAFETERIA FUND AND
SENT TO YOUR
CHILD'S SCHOOL
(ATTENTION KITCHEN)

DAILY ALTERNATES
CHEESE PIZZA
HAMBURGER
VEGETARIAN BURGER
BAGEL LUNCH
CUSTOM MADE DELI
SANDWICHES
"NEW" YOGURT
PARFAITS

ASSORTED SALADS
TUNA SALAD
CHEF'S SALAD
TURKEY SALAD
GREEK SALAD
SPICY CHICKEN SALAD

AVAILABLE DAILY
GARDEN SALAD
FRESH FRUIT
CHILLED FRUIT
ASSORTED MILK

