

WEST ISLIP
HIGH SCHOOL MENU

September 2009



Monday	Tuesday	Wednesday	Thursday	Friday
STUDENT LUNCH \$2.00 A LA CARTE MILK \$.50 ADULT LUNCH \$3.75 incl. tax	1	2	3 SUPERINTENDENT'S CONFERENCE DAY	4 SUPERINTENDENT'S CONFERENCE DAY
7 SCHOOL CLOSED	8 CHICKEN NUGGETS W/ DIPPING SAUCE WW BREAD SLICE HOT CORN FRESH FRUIT OR CHILLED FRUIT	9 "BBQ RIBS" ON A ON A BUN W/ BBQ SAUCE OVEN BAKED POTATO ROUNDS FRESH FRUIT OR CHILLED FRUIT	10 MEATBALL HERO PARMESAN TOSSED SALAD W/ DRESSING FRESH FRUIT OR CHILLED FRUIT	11 PIZZA PLAIN OR PEPPERONI CUCUMBERS W/ DIP FRESH FRUIT OR CHILLED FRUIT
14 SPICY OR PLAIN CHICKEN PATTY DELUXE TOSSED SALAD W/ DRESSING FRESH FRUIT OR CHILLED FRUIT	15 HAMBURGER OR CHEESEBURGER W/ ALL THE FIXINGS OVEN BAKED FRENCH FRIES FRESH FRUIT OR CHILLED FRUIT	16 TWIN TACOS W/ SHREDDED LETTUCE, CHEESE & DICED TOMATOES HOT CORN FRESH FRUIT OR CHILLED FRUIT	17 POPCORN CHICKEN MASHED POTATOES W/ GRAVY CARROTS FRESH FRUIT OR CHILLED FRUIT	18 PERSONAL PIZZA GREEN BEAN SALAD FRESH FRUIT OR CHILLED FRUIT
21 MOZZARELLA PIZZA DIPPERS W/ MARINARA DIPPING SAUCE GARDEN SALAD FRESH FRUIT OR CHILLED FRUIT	22 "BRUNCH FOR LUNCH" CINNAMON FRENCH TOAST EGG PATTY HASH BROWN PATTY FRESH FRUIT OR CHILLED FRUIT	EGGPLANT PARMESAN HERO OR MEATBALL HERO PARMESAN TOSSED SALAD W/ DRESSING FRESH OR CHILLED FRUIT	24 CHICKEN FAJITAS W/ LETTUCE, SALSA & SOUS CREAM HOT CORN FRESH FRUIT OR CHILLED FRUIT	25 "NEW" BIG DADDY PIZZA BABY CARROTS WITH DIP FRESH FRUIT OR CHILLED FRUIT
28 SCHOOL CLOSED	29 MOZZARELLA STICKS W/ MARINARA DIPPING SAUCE TOSSED SALAD W/ DRESSING FRESH FRUIT OR CHILLED FRUIT	TWIN FRANKFURTERS OR BBQ RIBS ON A BUN W/ BBQ SAUCE OVEN BAKED POTATO ROUNDS FRESH FRUIT OR CHILLED FRUIT	30 Guess What?	

PRE-PAID MEALS
ARE RECOMMENDED

20 MEAL PLAN
\$40.00



PLEASE VISIT
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to access
Pay Schools
OR

CHECKS SHOULD BE
MADE PAYABLE TO
WEST ISLIP UFSD
CAFETERIA FUND AND
SENT TO YOUR
CHILD'S SCHOOL
(ATTENTION KITCHEN)

DAILY ALTERNATES
CHEESE PIZZA
HAMBURGER
VEGETARIAN BURGER
BAGEL LUNCH
CUSTOM MADE DELI
SANDWICHES
"NEW" YOGURT
PARFAITS

ASSORTED SALADS
TUNA SALAD
CHEF'S SALAD
TURKEY SALAD
GREEK SALAD
SPICY CHICKEN SALAD

AVAILABLE DAILY
GARDEN SALAD
FRESH FRUIT
CHILLED FRUIT
ASSORTED MILK

