

FAMILY AND CONSUMER SCIENCES DEPARTMENT

COURSE

COURSE LENGTH

CREDIT

LIFE SPAN STUDIES: CORE (0800)

sem

½

This course will help you see where you fit into the scheme of things as an adolescent. You'll learn about yourself and ways of coping with the problems and stresses you face, and how to deal effectively with those around you: peers, family members, younger children, and other adults. You'll have opportunities to investigate issues facing teens today, plan and carry out activities for children and others of various ages, discover how you affect the lives of adults and how they affect you, explore career possibilities and identify personal characteristics necessary for these careers.

FOOD AND NUTRITION: CORE (0808)

sem

½

This course will help you develop an understanding of sound nutritional concepts through many hands-on experiences related to food and nutrition. You will explore nutritional requirements for people of various ages and needs, learn about the dietary guidelines that promote long-term wellness, and plan, purchase, prepare, serve and evaluate a wide variety of foods. Careers related to food and nutrition will be studied. Field trips will be arranged when possible.

CLOTHING AND TEXTILES: CORE (0812)

sem

½

In this course you will study clothing as it relates to culture, history, social and economic situations. You will explore clothing and textiles as a medium for artistic expression. By learning clothing construction skills you will be able to increase your own wardrobe, evaluate the quality of ready-made garments and be a better consumer. Careers will also be explored. ***This course may be used to meet the art requirement for graduation.***

HOUSING AND ENVIRONMENT: CORE (0816)

sem

½

Students in Housing and Environment will become familiar with housing design, past and present, and will learn which personal and environmental factors must be considered when making housing decisions. Students will plan projects which use the principles of design and the elements of art to create attractive and practical environments. You will evaluate household appliances and equipment, learn about care of the home, and investigate energy conservation techniques. Field trips to commercial and retail housing suppliers, historical sites, energy conservation and handicap-accessible facilities will be arranged when possible. ***This course may be used to meet the art requirement for graduation.***

INTERIOR DESIGN (0814)

sem

½

Explore the world of the interior designer! In this course, students will assume the role of an interior designer/decorator. Using principles of design and the architectural features of a home, students will plan a complete interior that meets the needs of a client. The many and varied careers in this field will be examined.

PREREQUISITE: Housing and Environment Core *plus* teacher recommendation

TEXTILE & APPAREL STUDIO (0813)

sem

½

This new advanced course is perfect for creative students who wish to add personal style and pizzazz to their wardrobe. The course will explore apparel design, pattern alterations, advanced construction techniques, and new technologies. Careers in the textile, design and apparel industries will be investigated with field trips to these related areas included.

PREREQUISITE: Clothing and Textiles Core *plus* teacher recommendation

<u>COURSE</u>	<u>COURSE LENGTH</u>	<u>CREDIT</u>
<u>CULTURE & FOOD (0809)</u>	sem	½
This intermediate level food and nutrition course explores cultural foods and preparation techniques around the world. Students will examine how politics, economics, hunger, and ecology influence food choices and availability. Global food issues and exciting developments in future food production are also addressed as are careers related to these fields.		
<u>PARENTING (0820) *</u>	sem	½
Do you want to understand more about yourself while learning about children? What are children really like? Are discipline and punishment the same thing? What does being a "responsible" parent mean? These and other questions will be explored in this course. Topics include prenatal to early childhood development, parenting skills, managing family life, and community help for families in stress or crisis. Activities involving children and community service will be included, as well as opportunities to explore a host of exciting career possibilities in the field of Human Services. <i>Suggested for students in grades 10-12.</i>		
<u>CHILD DEVELOPMENT (0828)</u>	year	1
Aren't babies and children wonderful? Parenting and child development is an important area of study for those who want to enjoy and understand children to the fullest. If children are in your future as part of a career or as a parent, you'll enjoy this course. You will have an opportunity to work with four-year-old children in our playschool lab, observing their growth, development, and behavior. <i>Suggested for students in grades 10 and 11.</i>		
<u>EARLY CHILDHOOD EDUCATION (0804)</u>	year	1
Would you like an opportunity to work with young children? In our Early Childhood Education course you will work as a "student teacher" with four-year-old children in our playschool lab. You will plan and conduct age-appropriate art, music, math, science, story, and game activities with them. You will explore career opportunities, and develop skills needed in the field of early childhood education. <i>Suggested for students in grades 11 and 12.</i>		
<u>FAMILY DYNAMICS (0838) *</u>	sem	½
For those of you interested in an additional course from the Human Development cluster of our course offerings, we are pleased to offer Family Dynamics. Family Dynamics will take a look at such topics as marriage, the marriage partnership, parenthood and marriage, family communication, resolving conflicts, families in crisis, family changes and family-related careers. <i>Suggested for students in grades 10-12.</i>		
<u>INDEPENDENT LIVING (0836) *</u>	sem	½
Are you ready to navigate through life on your own? Can you manage work, study, rent, food, clothing and housing needs? Will you be able to plan for the things you would really like as well as those you need? This course prepares students for the challenges of independent living. It will help develop the skills you need to create the future you want. In addition to focus topics of the course, students will be asked to identify and explore special topics of personal interest. <i>Suggested for students in grades 11 and 12.</i>		
<u>CAREER & FINANCIAL MANAGEMENT (0851)</u>	sem	½
This is a one-semester course that will provide students with the opportunity to learn about the features of our economy, develop and understand the skills and competencies needed for success in the workplace, begin to become " <i>Financially Literate</i> ," and explore a variety of careers. Recommended for Family and Consumer Science and Technology majors who have not yet completed this requirement.		

*These courses may be offered on an alternate year rotation. Check with the Counseling Department for 2009/2010 offerings.

COURSE**COURSE LENGTH** **CREDIT****COOPERATIVE WORK EXPERIENCE (0899)**

year

1+

Cooperative work experience opportunities are available to those students enrolled in Family and Consumer Science. Students may earn up to one additional credit per year by participating in the work experience program if they are employed in a related field. In the work experience program, the student can use the knowledge gained in the classroom in an actual job setting. Jobs are available through our work experience coordinator.

PREREQUISITE/COREQUISITE: Students must have taken Career Connections or be concurrently enrolled while in an Internship or Work Experience.

SENIOR INTERNSHIP PROGRAM (0694)

sem

½

This new and exciting program is designed to give students a clearer picture of a career they wish to pursue, and thus be better prepared to make responsible choices in their selection of a college and major course of study. Students will be involved in a non-paid internship (approximately 70 hours after school or on weekends) in a career of **their** choice. For a semester they will have an opportunity to work closely with a mentor in a chosen field of study. They will receive hands-on experience, as well as learn what skills and education are needed to be successful in that career. They will also gain an understanding of the importance of positive work ethics, timeliness, teamwork, and human relations. Seminar time with an internship coordinator is required, and transportation to and from the internship site is the responsibility of the student.

PREREQUISITE/COREQUISITE: Students must have taken Career Connections or be concurrently enrolled while in an Internship or Work Experience. To qualify to participate in this program, students must have an 85 minimum average. Acceptance is by application and interview only. Placements are limited and therefore competitive.

FAMILY AND CONSUMER SCIENCE FIVE UNIT SEQUENCES

Family Studies Cluster	Credits	Credits	Credits
CORE Courses (Required):		Elective/Specialization Courses:	
Lifespan Studies	½	Child Development	1
Food and Nutrition	½	Early Childhood Education	1
Career and Financial Management	½	Family Dynamics	½
		Parenting	½
		Independent Living	½
		And/Or	
		Cooperative Work Experience	½ to 1
		Senior Internship	½
Home and Personal Management Cluster			
CORE Courses (Required):		Elective/Specialization Courses:	
Lifespan Studies	½	Independent Living	½
Textiles and Clothing	½	Parenting	½
Housing and Environment	½	Electives from any cluster area	1- ½
Food and Nutrition	½	And/Or	
Career and Financial Management	½	Cooperative Work Experience	½ to 1
		Senior Internship	½
Textiles and Design Cluster			
CORE Courses (Required):		Elective/Specialization Courses:	
Textiles and Clothing	½	Textiles and Apparel Studio	½
Housing and Environment	½	Interior Design	½
Career and Financial Management	½	Independent Living	½
		Parenting	½
		And/Or	
		Cooperative Work Experience	½ to 1
		Senior Internship	
Food and Nutrition Cluster			
CORE Courses (Required):		Elective/Specialization Courses:	
Food and Nutrition	½	Culture and Food	½
Lifespan Studies	½	Family Dynamics	½
Career and Financial Management	½	Independent Living	½
		Parenting	½
		And/Or	
		Cooperative Work Experience	½ to 1
		Senior Internship	½

*The total units or credits for a sequence must total five within the cluster area.
Check with the Counseling Department for the combination of courses to best meet your needs.*